



CLOWNE
ROAD RUNNERS CLUB



2012-103496

PROUDLY PRESENTS THE

Towpath & Trail 10K

Sunday 20th May 2012 @ 11:00 am

Plus Fun Run @ 10:15 (approx 1.5K)

Race HQ at the Shireoaks Bowling Club, Shireoaks, S81 8NA

Scenic trail route along the Chesterfield Canal, through beautiful countryside and small villages.

Approximately 10K distance (not suitable for wheelchairs), Held under UK Athletic Rules: Bronze Grade.

Prizes awarded to:

- First Three Males
- First Three Females
- Veteran Categories

MEMENTO FOR ALL 10K FINISHERS

&

MEDAL FOR ALL FUN RUN FINISHERS

- Entry Fee: Un-Affiliated £11.00
Affiliated £9.00
Fun Run £2.00
- Closing date for postal entries 10th May 2011
- Entries on the day (to 500 limit) are subject to a £2.00 surcharge & will not be eligible for prizes
- Minimum age for 10K is 15 years
- Pre & Post Race Massage courtesy of 'Therapy @ Hand'



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10K ENTRY FORM

FUN RUN ENTER ON THE DAY

Please delete as appropriate: Male / Female



BANNED
FOR SAFETY REASONS
The wearing of MP3
players or similar is NOT
permitted at this event



(complete clearly using BLOCK CAPITALS)

Surname:..... Address:.....

Forename:.....

Tel Number:.....

Date of Birth:...../...../.....

Age on Race Day:..... Postcode:.....

Affiliated Club:..... Membership No.:.....

Email Address:.....

INFORMATION PACK & RACE NUMBERS WILL BE DESPATCHED FROM 23rd April 2012.

Declaration:

I understand that the Towpath & Trail 10K, Fun Run and associates cannot be held responsible in any way for loss or injury to myself, or any other party, however arising or for any property lost or damaged.

I Declare that I am medically fit, and understand I enter this event at my own risk.

I will be over the age of 15 years old on race day for the 10K event.

In the unfortunate cancellation of the event through circumstances beyond the control of the race organisers, I understand, and accept, the rules and terms of the entry including that there will be no refund of race fees.

Signed (entrant):Parent/Guardian.....
(also required if under 18 years of age)

Please find enclosed Cheque / PO for £..... Entry

Please make Cheques payable to Clowne Road Runners Club

Return completed entry form with a C5 S.A.E **WITH CORRECT POSTAGE** to:

TPAT10K
2 Shunters Drift
Barlborough
Chesterfield
Derbyshire
S43 4WL

Visit Clowne Road Runner website at www.clowneroadrunners.org